

Quarterly

# NUFLEX BENEFITS NEWSLETTER

SEPTEMBER  
2017

UNIVERSITY OF  
Nebraska®

## INTRODUCTION

Welcome to the September 2017 edition of the University of Nebraska NUFlex Benefits Newsletter. This is a quarterly communication that provides you with reminders and useful information in managing your University benefit selections.

Feel free to contact your campus benefits office with questions, and let us know if you have any topics you would like discussed in future newsletters.



### NUFLEX ANNUAL BENEFITS ENROLLMENT IS COMING

NUFlex annual benefits enrollment period is approaching. For most employees this is your **ONLY** opportunity to make changes to your benefits selections. This year's enrollment period will start on **Monday, October 30th and end on Friday, November 17th at 5pm.**



### START PLANNING FOR ANNUAL BENEFITS ENROLLMENT Could you use assistance in evaluating which health insurance plan is right for you?

Blue Cross and Blue Shield has prepared an enrollment guide to assist in your health insurance plan selection. The website includes a worksheet that can assist you in the evaluation of your health insurance options. The website also includes a section that describes some commonly used words or phrases to describe health insurance plans.

Visit [Nebraskablue.com/UniversityofNebraska](http://Nebraskablue.com/UniversityofNebraska) to start the process.



### LIFE EVENTS AND YOUR BENEFITS

If you have recently experienced a life changing event, have you thought about how this will impact your benefits? TIAA and Fidelity have great resources available that provide guidance in dealing with life events, such as:

- Home Ownership
- Marriage
- Becoming a Parent
- Divorce
- Loss of a Loved One
- Retirement
- Job Change

**NOTE:** In most cases, you have 31 days to enroll or make changes to your benefits coverage that are related to a qualifying status change.

Resources: [www.tiaa.org/public/offer/insights/life-events-personal-finance](http://www.tiaa.org/public/offer/insights/life-events-personal-finance)  
[www.fidelity.com/life-events/overview](http://www.fidelity.com/life-events/overview)



## ONLINE ACCOUNT ACCESS TO YOUR PRESCRIPTION DRUG INFORMATION

Did you know you can manage your family's prescription information online?

There are three easy ways to register:

- Go to Caremark.com, click the “Register Now” button, and follow the instructions.
- Download the CVS Caremark mobile app and create an account (visit iTunes App Store or Google Play and search “CVS Caremark”).
- Call 1-888-202-1654 and a representative will get you started with a personalized registration email or text.

Once you've registered, you can:

- Refill your prescriptions
- Check the status of your order
- View and manage your profile information, including shipping addresses, payment methods, and notifications
- Set up and update family access
- Review your coverage and track annual spending
- Locate network pharmacies near you
- Check medication costs and find opportunities to save money



## TOTAL COMPENSATION STATEMENT

Your total compensation includes much more than your annual earnings. Did you know that a report is available in **Firefly – Employee Self Service** which provides a comprehensive overview of your earnings and benefits? Your total compensation also includes valuable incentives such as health, retirement, leave, and other benefits.

To view your individual report go to the Employee Self Service tab in Firefly. The Total Compensation Statement is listed under the About Me section. Please note that the statement reports your 2016 total compensation.



## BENEFICIARY UPDATES

It is important to periodically monitor your beneficiaries for your retirement, life insurance, and accidental death & dismemberment plans. You can help avoid unintended consequences by updating beneficiary designations to account for life changes. The life insurance and accidental death & dismemberment beneficiaries are maintained in **Firefly – Employee Self Service**. Retirement plan beneficiaries are maintained with the plan vendors (Fidelity and TIAA).

Fidelity's contact information: (800) 343-0860  
or visit the Fidelity website  
TIAA's contact information: (800) 842-2252  
or visit the TIAA website



## CONTACT US

Additional questions about the University's Benefits Program? Please call your Campus Benefits Office:

UNL: (402) 472-2600 | UNMC: (402) 559-4340 | UNO: (402) 554-3660 | UNK: (308) 865-8516 | UNCA: (402) 472-5258



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