

Annual NUFLEX BENEFITS ENROLLMENT

Current Employee Newsletter



UNIVERSITY OF
Nebraska

NUFLEX BENEFITS ENROLLMENT PERIOD: October 29 – November 16, 2018

The University of Nebraska is pleased to present your NUFlex Benefits enrollment information for 2019.

In 2019 there will be many changes to the benefits program. Please read this newsletter carefully.

Between Oct. 29 and Nov. 16, 2018, you will be permitted to make changes. You may enroll, cancel or change coverage elections for medical, dental, vision, life, accidental death & dismemberment, long term disability, long term care and flexible spending accounts during the enrollment period.

Please read all of the enrollment information carefully. Take time to review your current benefits and make decisions that will be best for you and your family in 2019.

Additional NUFlex Benefits information may be viewed on the university's benefits webpage at www.nebraska.edu/benefits. As always, the University of Nebraska is here to help you through the NUFlex Benefits enrollment process. If you have any questions or need assistance, please call your Campus Benefits Office.

We encourage you to enroll early to avoid any last minute complications.

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BENEFITS ENROLLMENT

What's New in 2019

- **Medical premiums will decrease an average of 2% in 2019. Deductibles, coinsurance, and out-of-pocket limits will not increase.** (See page 8)
- **As previously announced there will be new carriers for health and dental insurance beginning January 1, 2019.** UMR, a United Healthcare company, will be the new health insurance carrier and Ameritas will be the dental insurance carrier. CVS Caremark will continue to provide the University's prescription drug coverage. Carriers for other benefits remain the same (vision, life, long term disability, long term care, and flexible spending accounts). (See pages 8 and 11 for more details)
- **UMR and Ameritas have created custom websites for the University of Nebraska to search for in-network providers and obtain information about your insurance plans.** You are encouraged to visit www.umr.com/UofNE (UMR) and <http://uofne.ameritasgroup.com/> (Ameritas). (See pages 8 and 11 for more details)
- **The health plan will be adding coverage for some fertility and sterilization services.** (See page 8 for details)
- **The health plan will pay 100% of the preventative care visits for insureds under the age of 2.** (See page 8 for details)
- **For employees who complete the health risk assessment, two enhancements have been added.** (See page 7 for details)
 - **The health plan preventative care allowance will be raised to \$400 (from the existing \$300) for insureds over the age of 2.**
 - **The flu shot vaccination under the pharmacy plan is being enhanced. The pharmacy plan will have a \$0 copay for flu shots provided by an in-network pharmacy.**
- **A qualifying high deductible health plan option will be added.** This is in addition to our existing high, basic, and low options and will not be replacing any current health plan options. (See page 9 and 10 for details)
- **A preferred provider tier for participants who use a Nebraska Medicine Provider will be added.** Members will incur a lower deductible, co-insurance rate, and maximum out of pocket if a Nebraska Medicine provider is used by an employee, spouse, or dependent. (See page 9 for details)
- **Long Term Disability premiums are decreasing on average 25%.** (See page 13 for details)
- **CVS Caremark annually updates its standard formulary.** (See page 11 for details)

Continued from 2018

- **Your benefits confirmation statement will be emailed to you.** You will not receive a paper confirmation statement in the mail. (See page 4)
- **The Wellstream Health Risk Assessment is easy to access.** It is available through the Firefly website when you enroll for benefits. (See page 7)
- **You will receive an email confirmation upon successful completion of the Health Risk Assessment.** (See page 7)
- **The Summary of Benefits and Coverage (SBC) documents are available online.** Go to www.nebraska.edu/benefits as part of the federal health care reform legislation. (See page 8)
- **Dental and Vision premiums will not increase in 2019.** (See page 11)

Enrollment Checklist

Do This Now

- Review this newsletter for details about your benefit options for 2019.
- Review your current benefits by visiting the Firefly website at <https://firefly.nebraska.edu>.

Do This Soon

- Visit the new health and dental vendor websites to verify your provider(s) is in-network. The websites are www.umar.com/UofNE (UMR - health plan) and <http://uofne.ameritasgroup.com/> (Ameritas - dental plan).
- Ask questions by calling your Campus Benefits Office.

Do This Between October 29 – November 16

- Enroll between 8:00 a.m. CST on Oct. 29 and 5:00 p.m. CST on Nov. 16 at <https://firefly.nebraska.edu>. You can enroll, cancel or change your coverage during this time. Reminder: Firefly is available 24/7 anywhere there is internet access.
- Complete the Wellstream Health Risk Assessment to receive the enhanced wellness and preventive services benefit – **you must do this every year.**
- Enroll in Flexible Spending Accounts – **you must do this every year.**
- Designate your tobacco/nicotine status – **you must do this every year.**
- Provide dependent verification documentation if you are adding dependents to your coverage. Documentation must be received in your Campus Benefits Office by 5 p.m. on Nov. 16.
- Complete the online life insurance Statement of Health form if you are enrolling or increasing any life insurance coverage amounts. Proof of insurability requests must be completed online by 5 p.m. on Nov. 16, 2018.
- Review your NUFlex Benefits confirmation statement to make sure all of your elections are correct.

The information in this newsletter is intended to summarize the university's benefits plans in a manner that is clear and easy to understand. Every effort has been made to ensure that this information is accurate. It is not intended to replace the legal plan document, which contains the complete provisions of a program. In case of any discrepancy between this newsletter and the legal plan document, the legal plan document will govern in all cases. You may review the plan summaries online at www.nebraska.edu/benefits.

BENEFITS ENROLLMENT

Benefits Enrollment

How to Enroll

Update your benefits online through the Firefly Employee Self Service website at <https://firefly.nebraska.edu>. You can enroll, cancel or make changes to your benefits during the NUFlex Benefits enrollment period from Oct. 29 to Nov. 16, 2018 at 5 p.m. All benefit changes made during NUFlex Benefits enrollment will be effective on Jan. 1, 2019.

When you enroll for benefits online, the website will guide you through the enrollment process. Before you begin online enrollment, we encourage you to watch the video tutorial available on the Firefly website.

Important: Please note that benefit changes must be completed by 5 p.m. CST on Friday, Nov. 16, 2018. You will not be able to add or change your benefits after this deadline. If you do not make changes during the enrollment period, you will keep your current benefits and will not be enrolled in the Flexible Spending Accounts and your voluntary life insurance coverage will be defaulted to the tobacco/nicotine premium. If you do not take the Wellstream Health Risk Assessment you will not receive the Enhanced Wellness Benefits.

Confirm Your Benefits

A benefits confirmation statement will be emailed to you the day after you complete online enrollment. Please review the statement carefully to make sure all of your elections are correct. You can go back in to Firefly and make changes as many times as you would like during the enrollment period. You cannot make corrections after 5 p.m. on Friday, Nov. 16. Your confirmation statement will also be available on the Firefly Employee Self Service website under the benefits section. Please note that you will not receive a paper confirmation statement in the mail.

Verify that your home address is correct. UMR and Ameritas will use this information to mail your new ID cards in mid-December.

Remember to Update your Records

During enrollment, please remember to update your emergency contact information and your current and permanent addresses in Firefly. It is important that your contact information is up-to-date in case of an emergency.

Please also check to make sure that you have a Social Security number recorded in Firefly for each of your dependents. If dependents are eligible for a Social Security number, you must have their number on file in the university's medical plan. If a Social Security number is missing, please contact your Campus Benefits Office to update your records.

**Enroll online
through
the Firefly
Employee Self
Service website.**

ID Cards

Due to the change in carriers for the health and dental plans, all enrollees in the plans will be mailed new ID cards in mid-December. New this year your pharmacy and medical insurance ID card will be combined on one ID card. This single card will be used for both your prescription drug coverage and health insurance.

Assistance is Available

Your campus benefits office is always able to help you through the enrollment process. If you need assistance please call your campus benefits office.

UNL (402) 472-2600 | UNMC (402) 559-4340 | UNO (402) 554-3660 | UNK (308) 865-8522 | UNCA (402) 472-5258

Your **Only** Opportunity to Make a Change

Please remember that the NUFlex Benefits enrollment period is your only opportunity to enroll, change or cancel your benefit elections during the year. The choices you make during NUFlex Benefits enrollment will remain in place from January 1, 2019 through December 31, 2019. You cannot make changes to your benefits during the year unless you experience an IRS permitted election change event. The following events would allow you to make changes to your benefits during the plan year within 31 days unless otherwise noted:

- Marriage
- Divorce
- Change in employment status
- Birth or adoption (for this event only, the plan now allows 60 days to make your change)
- Spouse's loss of job/insurance or change of employment

If you experience one of these events, you have 31 days to enroll or make changes to your coverage. Please remember that the benefit changes you make must be related to the event (e.g. changing from employee only to employee and spouse coverage after marriage).

Expecting a baby in 2019?

Remember to add your baby to your benefits coverage within 60 days of birth or adoption, or you won't be able to enroll your child until 2020 NUFlex Benefits enrollment. The birth or adoption of a child is the only event where you are allowed 60 days to make the change. Submit the Dependent Information Request Form and the Benefits Change Form, if applicable, to your Campus Benefits Office within 60 days. Forms are available online at www.nebraska.edu/benefits.

BENEFITS ENROLLMENT

Employee Plus One Benefits

The university provides Employee Plus One benefits to eligible employees. This is an opportunity to enroll an adult designee and dependent children of the adult designee in the benefits program during 2019 NUFlex Benefits enrollment. If you would like to enroll for this coverage, you must contact your Campus Benefits Office.

Is my adult designee eligible for coverage?

University benefits eligibility will be extended to an adult designee of the same or opposite gender who:

- Has resided in the same residence as the employee for at least the past consecutive 12 months and intends to remain so indefinitely;
- Is not related to the employee;
- Is at least 19 years old;
- Is directly dependent upon, or interdependent with, the employee, sharing a common financial obligation that can be documented in a manner prescribed by the university; and
- Is not currently married to or legally separated from another individual under either statutory or common law.

Please see the Employee Plus One module on the benefits webpage for exceptions to the above.

Are there tax implications?

Yes. Please note that if your adult designee or your adult designee's children participate in the university's benefits plan, you may be taxed on the value of that benefit because of federal tax law. One exception to this rule is if the adult designee meets the IRS dependency guidelines. **Before you enroll an adult designee, we strongly encourage you to get advice from a tax professional to find out if your adult designee and his or her children are your tax dependents.**

How do I enroll my adult designee in coverage?

You must enroll for Employee Plus One coverage through your Campus Benefits Office. You will not be able to enroll online through the Firefly website.

Before enrolling for coverage, read all of the program requirements online at www.nebraska.edu/benefits, confirm that your adult designee is eligible for coverage, speak to a tax professional and contact your Campus Benefits Office.

To enroll for coverage complete the following forms and submit them with all required documentation to your Campus Benefits Office before 5 p.m. on Friday, Nov. 16:

- Affidavit of Employee Plus One Relationship
- Certification Concerning Tax-Qualified Dependents for Employee Plus One Coverage
- Employee Plus One Benefits Change Form
- Dependent Information Request Form

Forms are available online at
www.nebraska.edu/benefits

Wellstream Health Risk Assessment

The University of Nebraska is committed to helping you take control of your health. To help you manage your health and health care costs, we are giving you the opportunity to complete the Wellstream Health Risk Assessment (HRA) again this year. This assessment will help you evaluate and monitor your health and you will receive the enhanced wellness and preventive services benefit for completing it. You can complete the HRA during the NUFlex Benefits enrollment period from Monday, Oct. 29 through Friday, Nov. 16 at 5 p.m.

You can access the HRA directly through the Firefly website. Click on the “Health Risk Assessment” link at the beginning or end of enrollment on Firefly. The link will take you directly to the survey and will automatically log you in. After you complete the HRA, you will receive a Personal Health Report.

REMINDER: You will receive a confirmation email following your successful completion of the HRA survey. The confirmation will be sent to the email address you provide when completing the survey. We still recommend that you print or save the HRA report, but the email will be your proof that you completed the assessment.

As always, your personal health information will remain confidential – the university will not have access to your individual survey data.

Complete the HRA through Firefly during NUFlex Benefits enrollment

Enhanced Wellness and Preventive Services

If you complete the HRA and are enrolled in the university’s low, basic, or high medical plan, you will receive the following enhanced wellness and preventive services benefit for you and your covered family members in 2019. Only the employee will need to complete the HRA in order to earn benefits for all covered insureds on the plan.

New enhanced wellness and preventative services in 2019:

- The annual preventative care allowance for insureds age 2 and over will be raised to \$400.
- Flu vaccinations administered at an in-network pharmacy and submitted to the prescription drug program will have a \$0 copay.

\$400
allowance

Annual preventive care allowance of \$400 (for insureds age 2 and over).

\$0
copay

\$0 copay for flu shots administered at an in-network pharmacy and submitted to the prescription drug program.

\$0
copay

\$0 copay for generic prescription drugs non-specialty through the CVS Caremark mail service program with no annual deductible.

100%
coverage

100% coverage for a routine preventive colonoscopy once every 10 years beginning at age 50 (services must be provided by a PPO provider; out-of-network charges may apply if colonoscopy lab services are provided out-of-network or outside the state of where the colonoscopy is performed).

BENEFITS ENROLLMENT

Medical Coverage

Premium Rates Will Decrease for 2019

Premium rates for most health insurance plans will decrease by 2% in 2019. Deductibles, coinsurance rates, drug co-pays, and out-of-pocket limits will not increase in 2019. The current deductibles have been in place since 2010.

New Carrier

UMR, a United Healthcare company, will be the new health insurance carrier starting January 1, 2019. UMR has created a custom phone number and website specifically for the University of Nebraska to assist in the transition. The website is www.umar.com/UofNE and the phone number is 844-659-5059.

These resources can assist with in-network provider searches, making appointments, check eligibility for care management programs, and many other items.

Summary of Benefits and Coverage

The Summary of Benefits and Coverage (SBC) is a document that summarizes important information about your health benefits. The SBC is designed to help you make informed decisions about which medical plan to choose. As part of the federal health care reform legislation, we have made the SBCs available to you at www.nebraska.edu/benefits.

Telehealth Services

Health plan members and dependents will have access to telehealth service offered through Teladoc. Telehealth services can be utilized for common conditions, such as sinus infection, cold, flu, ear infection, sore throat, migraine, fever, and abdominal pain. Teladoc give you access 24 hours, 7 days a week to medical providers through the convenience of phone, video or mobile app visits. These services are subject to coinsurance and deductible amounts. For more information visit Teladoc.com or call 1-800-Teladoc.

Sterilization

Starting in 2019, the health plan will cover vasectomies and tubal ligation. These treatments will be subject to coinsurance and deductible amounts.

Treatment for Fertility Services

Starting in 2019 the medical and pharmacy plan will include coverage for fertility treatments. Visit www.nebraska.edu/benefits for detailed information. Coverage for fertility treatments will be subject to a \$15,000 lifetime limit.

Preventative Care for Dependent Children under 2 years old

Starting in 2019 the health plan will pay 100% of the costs for in-network preventative care visits for health plan members under the age of 2. The charges must be submitted as preventative care to be covered.

Choosing the Right Medical Plan

You have four medical plan options through UMR – low, basic, high and the qualified high deductible. All options include prescription drug coverage through CVS Caremark. The plans differ in the premium, deductible, coinsurance and stop-loss amounts. Take time to compare the four options and find the right plan for you and your lifestyle.

	Low	Basic	High	Qualified High Deductible Plan
What do you prefer?	Low: You would rather pay less each month and pay more when you receive medical care. You don't expect to have many medical expenses, but you have enough money on hand to pay the full deductible if you do need care.	Basic: You prefer a balance between the amount you pay each month and the amount you pay out-of-pocket when you receive medical care. Many people find that the basic option is the best choice, from a purely economic perspective.	High: You prefer to pay more each month so you can pay less when you receive medical care.	You would rather pay less each month and pay more when you receive medical care. You don't expect to have many medical expenses, but you have enough money on hand to pay the full deductible if you do need care. Also have the ability to open a health savings account.
Monthly Premiums (the amount that is deducted from your pay monthly for medical coverage)				
- Single	\$90	\$152	\$227	\$90
- Employee + Spouse	\$114	\$241	\$403	\$114
- Employee + Child(ren)	\$101	\$203	\$380	\$101
- Employee + Family	\$131	\$307	\$532	\$131
Annual Deductible (the amount you pay out-of-pocket for health care before the plan begins to pay. You are responsible for the deductible when you receive care.)				
- PPO	\$1,550 single; \$3,100 family	\$450 single; \$900 family	\$300 single; \$600 family	\$2,700 single; \$5,400 family
- Non-PPO	\$1,950 single; \$3,900 family	\$650 single; \$1,300 family	\$450 single; \$900 family	\$5,400 single; \$10,800 family
- Nebraska Medicine Provider	\$1,350 single; \$2,600 family	\$300 single; \$600 family	\$200 single; \$400 family	\$2,700 single; \$5,400 family
Coinsurance (the percentage of an insurance claim that you are responsible for paying)				
- PPO	You pay 30%	You pay 30%	You pay 20%	You pay 20%
- Non-PPO	You pay 45%	You pay 45%	You pay 35%	You pay 30%
- Nebraska Medicine Provider	You pay 15%	You pay 15%	You pay 10%	You pay 0%
Stop-loss (the maximum amount you will have to pay per year – not including your deductible)				
- PPO	\$2,500 single; \$5,000 family	\$1,600 single; \$3,200 family	\$1,400 single; \$2,800 family	\$900 single; \$1,800 family
- Non-PPO	\$2,900 single; \$5,800 family	\$2,000 single; \$4,000 family	\$1,700 single; \$3,400 family	\$1,800 single; \$3,600 family
- Nebraska Medicine Provider	\$2,300 single; \$4,700 family	\$1,450 single; \$2,900 family	\$1,300 single; \$2,600 family	\$0 single; \$0 family

Please visit the UMR website www.umar.com/UofNE or call 844-659-5059 for any additional questions.

Nebraska Medicine Preferred Provider Tier

The health plan will be adding lower deductibles, co-insurance, and maximum out of pocket limits for services performed by Nebraska Medicine providers. The existing deductibles, co-insurance rates, and maximum out of pocket limits for other in-network providers will not change. The services covered by the health plan will be the same for all providers.

BENEFITS ENROLLMENT

Medical Coverage (continued)

Qualifying High Deductible Health Plan Option

A new option for your health insurance coverage will be offered starting in 2019. The plan is a qualified high deductible health plan option. By enrolling in this option a participant can open a health savings account at a bank of their choice. The health savings account will allow a participant to contribute funds for future healthcare needs. The health savings account contains potential tax advantages. Participants in this plan should consult a tax advisor or local financial professional to learn more about the advantages. The University will not be making any contributions to the health savings account. This plan is being offered in addition to our current high, basic, and low options. No current options are being replaced.

Prescription Drug Coverage

Prescription drug coverage through CVS Caremark is included in your medical coverage – you do not have to pay an additional premium to participate. You can fill your prescriptions in person at a participating CVS Caremark retail network pharmacy or by mail order.

Each covered person is required to establish an annual \$57 prescription drug deductible for brand-name drugs. Once you meet the deductible, you will pay the applicable prescription drug copay listed below.

This chart below summarizes the copayment structure for the low, basic, and high medical plan options. For an explanation on how the prescription drug coverage would work on the qualifying high deductible health plan option, please visit caremark.com/hdhp.

Day Supply	Up to 30	31-60	61-90
Generic	\$9 copay	\$18 copay	\$27 copay
Brand (on Formulary/Primary Drug List)*	\$31 copay	\$62 copay	\$93 copay
Brand (not on Formulary/Primary Drug List)*	\$52 copay	\$104 copay	\$156 copay

*An annual \$57 deductible is also required for brand-name drugs for each covered person.

Continued in 2019 there will be a 30 day supply limit on speciality medication.

\$0

**Generic copay
through CVS mail
service if you
complete the HRA**

If you complete the Wellstream Health Risk Assessment and are enrolled in the university's medical plan, you can obtain generic drugs through the CVS Caremark mail service program for \$0 copay. The \$0 copay is not applicable at any CVS Caremark retail network pharmacy and speciality medications.

To order prescriptions through the mail service program, complete the mail service order form and send it to CVS Caremark with the original prescription(s) (not a photocopy) and the appropriate copay for each prescription, if applicable. The form is available online at www.nebraska.edu/benefits. You will receive your prescription within 10 to 14 days after CVS Caremark receives the order. You can also order by phone at (866) 239-4704, or online at www.caremark.com/faststart.

New Programs in 2019

Updates to the CVS Formulary - Every year CVS Caremark updates their formularies. Please visit www.nebraska.edu/benefits to see the formulary changes for 2019. Note in 2019 that the CVS formulary adds coverage for Accu-Check diabetic testing strips. The One-Touch diabetic testing strips will be removed from the CVS formulary in 2019. CVS Caremark has a free diabetic meter program that provides members (including eligible dependents) with a free diabetic meter once a year. Information on the free diabetic meter program is posted on www.nebraska.edu/benefits.

Flu Shot Vaccinations - For health plan participants that receive a flu vaccination in an in-network pharmacy and also complete the Wellstream Health Risk Assessment there will be a \$0 copay for the claim process with the prescription drug coverage.

Dental and Vision Coverage

Dental Coverage

New in 2019; Dental coverage will be offered through Ameritas. Plan coverages are similar to the dental coverage provided in prior years. Visit <http://uofne.ameritasgroup.com> to view details on the Ameritas network or call their customer service line at 877-495-5581 for additional information. If you are searching for an in-network provider on the website use the “Classic (PPO) & Plus” network.

- Dental plan premiums will not increase in 2019.

Monthly Dental Premiums

Employee Only	\$14
Employee + Spouse	\$22
Employee + Child(ren)	\$23
Employee + Family	\$37

*Deductible, coinsurance and benefit maximum amounts are available online at www.nebraska.edu/benefits

Vision Coverage

Vision coverage is offered through EyeMed Vision Care. Coverage includes eye exams, glasses or contact lenses, and other services at a reduced cost.

- Vision Care premiums will not increase in 2019.
- The frame and contact lens allowance for 2019 is \$130.

Monthly Vision Premiums

Employee Only	\$8.88
Employee + Spouse	\$19.51
Employee + Child(ren)	\$19.51
Employee + Family	\$24.46

*Copay and benefit maximum amounts are available online at www.nebraska.edu/benefits

BENEFITS ENROLLMENT

Flexible Spending Accounts (FSAs)

Flexible Spending Accounts allow you to set aside pre-tax money to pay for eligible medical and dependent care expenses. Participation does not automatically renew each year so remember to enroll in the FSAs during NUFlex Benefits enrollment. A list of eligible expenses is available on the WageWorks FSA website. A minimum annual contribution of \$480 (\$40.00/month) must be elected to enroll in the Flexible Spending Accounts.

Health Care FSA

The Health Care FSA maximum will be \$2,650 per year.

* Reminder: If you enroll in a Health Care FSA you can not participate in a Health Savings Account (HSA).

Dependent Care FSA

The Dependent Care FSA maximum will not change in 2019 and will remain at \$5,000 per year. You can contribute up to \$5,000 in 2019.

Plan Carefully

Plan your FSA contributions carefully. You will forfeit (lose) any money remaining in your FSAs at the end of the calendar year. Estimate your medical and dependent care expenses for 2019 before you enroll.

Advantages of a Flexible Spending Account

- Save an average of 30% on a wide variety of eligible health care and dependent expenses
- Use several convenient, no-hassle health care payment and reimbursement options

Your Estimated Tax Savings

Without Health Care FSA		With Health Care FSA	
Gross annual pay (estimate)	\$60,000	Gross annual pay (estimate)	\$60,000
Estimated tax rate (30%)	- \$18,000	Annual Health Care FSA contribution	- \$2,550
Net annual pay	= \$42,000	Adjusted gross pay	= \$57,450
Estimated annual health care expenses	- \$2,550	Estimated tax rate (30%)	- \$17,235
Final take-home pay	= \$39,450	Final take-home pay	= \$40,215

Take home this much more **\$765**

WageWorks is the administrator for the University of Nebraska's Flexible Spending Accounts. Participants may call WageWorks for account information and questions at (855) 428-0446 or by accessing their website at www.wageworks.com. Customer Service representatives are available Monday through Friday, 7 am to 7 pm CST.

LTD Coverage and Life Insurance

Long Term Disability (LTD) Coverage

Long term disability coverage through Unum provides monthly benefits if you are unable to work for an extended period of time due to an illness or injury. You can purchase coverage to receive 50% or 66 2/3% of your annual salary with a 90 or 180 day waiting period if you become ill or injured.

New in 2019:

Long term disability premiums will be decreasing by 25% on average. Visit nebraska.edu/benefits to view the new premium amounts for 2019.

Life Insurance

The university provides you with term life insurance equal to 1x your annual budgeted salary (up to \$120,000), at no cost to you. You also have the option to purchase additional life insurance through Assurity Life Insurance Company for yourself, your spouse, and/or your children.

Employer-Provided Life Insurance	
Coverage for:	Coverage available:
Employee	1x your annual budgeted salary (rounded to the nearest \$100) – up to \$120,000

Voluntary Life Insurance	
Coverage for:	Coverage available:
Employee	Up to \$500,000
Spouse	\$10,000, \$20,000 or \$50,000
Child	\$5,000 or \$10,000

*Premiums for voluntary life insurance are based on your age and your tobacco/nicotine use. Premium amounts are available online at www.nebraska.edu/benefits.

Important: Please remember to designate your tobacco/nicotine status on Firefly during NUFlex Benefits enrollment. **If you do not designate your tobacco/nicotine status during enrollment, your voluntary life insurance premium will be defaulted to the tobacco/nicotine premium.** Any material misrepresentation made to your tobacco/nicotine designation, including your tobacco/nicotine history use, may void your insurance pursuant to the policy's incontestable clause.

You may change your level of life insurance coverage during the NUFlex Benefits enrollment period. To enroll or increase your coverage, you must complete and submit the online proof of insurability form by 5 p.m. on Friday, Nov. 16. If applicable, all underwriting examinations must be scheduled by Dec. 28, 2018, or the new coverage amounts will be denied.

BENEFITS ENROLLMENT

AD&D Insurance

Accidental Death & Dismemberment (AD&D) Insurance

The AD&D insurance plan through Assurity Life Insurance Company provides benefits if you or a covered family member dies or is dismembered (loss of eye, arm, leg, etc.) as result of an accident.

Accidental Death & Dismemberment (AD&D) Insurance	
Coverage for:	Coverage available:
Employee	Increments of \$25,000 – up to \$250,000
Employee + Family	Spouse: 50% of your coverage amount
	Child: 10% of your coverage amount

*Premium amounts are available online at www.nebraska.edu/benefits.

*Premiums for voluntary life insurance are based on your age and your tobacco/nicotine use.

Update Your Beneficiaries!

A beneficiary is a person you choose to receive your life insurance and retirement benefits in the event of your death. It is very important for you to keep your beneficiary information up to date. The life insurance and accidental death and dismemberment beneficiaries are maintained in Firefly - Employee Self Service. Retirement plan beneficiaries are maintained with the plan vendors (TIAA and Fidelity).

Long Term Care Insurance

Long term care insurance can assist in paying the expense for long term care services received at home, in the community, or in a nursing facility.

You can choose between daily benefit choices of \$100, \$150, or \$200. You can also make choices on the duration of the benefits and cost inflation protection.

For more information or to enroll go to Genworth.com/Nebraska.

Premium rates are provided on the website and vary based on level of insurance and age of the enrollee. Your acceptable enrollment will be subject to the Genworth underwriting requirements, which may include a physical and detailed health questions.

Contact Information

If you have any questions regarding 2019 NUFlex Benefits enrollment, please contact your Campus Benefits Office.

UNL Campus Benefits Office Call: (402) 472-2600 E-mail: benefits@unl.edu	UNO Campus Benefits Office Call: (402) 554-3660 E-mail: benefits@unomaha.edu	UNCA System Benefits Office Call: (402) 472-5258 E-mail: benefits@nebraska.edu
UNMC Campus Benefits Office Call: (402) 559-4340 E-mail: benefits@unmc.edu	UNK Campus Benefits Office Call: (308) 865-8522 E-mail: benefitsunk@unk.edu	

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NUFLEX BENEFITS ENROLLMENT



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The University of Nebraska believes its low, basic, and high medical plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain low, basic, and high health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your plan may not include certain consumer protections of the Affordable Care Act that apply to other plans (e.g. the requirement for the provision of preventive health services without any cost sharing). However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act (e.g. the elimination of lifetime limits on benefits).

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to your Campus Benefits Office. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

The University of Nebraska does not discriminate based on race, color, ethnicity, national origin, sex, pregnancy, sexual orientation, gender identity, religion, disability, age, genetic information, veteran status, marital status, and/or political affiliation in its programs, activities, or employment. For nondiscrimination inquiries, contact the Title IX Coordinator or the Section 504/ADA Coordinator at 3835 Holdrege Street, Lincoln, NE 68583, (402) 472-2111.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-xxx-xxx-xxxx (TTY: 1-888-592-8963).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-xxx-xxx-xxxx (TTY: 1-888-592-8963)。