

# GENDER VALUES: IDENTITY QUESTIONS AND DEFINITIONS/TERMINOLOGY

“...it is our right to say who we are in relationship to the social and legal scheme of binary sex ...we should take great care to minimize the institutional opportunities for administrative processes and agents to evaluate this aspect of our lives and possibly overrule our sex-identity self-statements.”



LEGAL SEX (check one): the identity most requested vs sex assigned at birth - can change gender marker with DL or state ID-individuals should use the identification that best reflects their identity.

- Female – F
- Male – M
- Intersex and/or Nonbinary – X

SEX ASSIGNED AT BIRTH, on your original birth certificate (check one):

- Female – F
- Male – M
- Intersex and/or Nonbinary – X

GENDER IDENTITY – Select the best one that applies:

- Agender
- Cisgender Man
- Cisgender Woman
- Gender not listed
- Gender Queer
- Nonbinary
- Prefer not to answer
- Transgender Man
- Transgender Woman

PRONOUNS – Select the best one that applies:

- Ask me my pronouns
- He/Him/His
- He/They
- No pronouns, use my name
- Prefer not to answer
- She/Her/Hers
- She/They
- They/Them/Theirs
- Ze/Hir/Hirs
- Ze/Zir/Zirs



**LEGAL SEX:** The sex or gender marker that appears on your driver's license, passport, birth certificate, or official identity card.

- Female (F) = An individual's sexual identity as designated on legal documents that may include a driver's license, state identification, passport, birth certificate or other legal document. A female may be a cisgender or transgender/gender diverse identified individual and may reflect sex assigned at birth or one's gender identity.
- Male (M) = An individual's sexual identity as designated on legal documents that may include a driver's license, state identification, passport, birth certificate or other legal document. A male may be a cisgender or transgender/gender diverse identified individual and may reflect sex assigned at birth or one's gender identity.
- Intersex and/or Nonbinary (X) = An individual who does not fit or identify with the gender or sexual identity binary of male/female.
- Nonbinary/Gender Diverse/Gender Fluid: A person whose gender identity does not fit the man/woman gender binary.

**SEX ASSIGNED AT BIRTH:** The sex (male, female, intersex/nonbinary) is the label put on one's original birth certificate based on genitals born with and the chromosomes a person has.

- Assigned female at birth (F): Someone whose assigned sex at birth was designated female due to the absence of a penis.
- Assigned male at birth (M): Someone whose sex assigned at birth was male due to the presence of a penis.
- Intersex and/or Nonbinary (X): An umbrella term used for people who are born with reproductive anatomy or chromosomes that do not fit into the typical boxes of "female" or "male." Currently, many intersex individuals are assigned either male or female at birth. The use of X as a gender or sex marker is also becoming more common.
- Nonbinary/Gender Diverse/Gender Fluid: A person whose gender identity does not fit the man/woman gender binary.



### GENDERS:

- Agender: A person who does not identify themselves as having a particular gender/ gender identity.
- Cisgender Man: A person who was assigned male at birth who identifies as a man.
- Cisgender Woman: A person who was assigned female at birth who identifies as a woman.
- Cisgender: A person whose gender identity is the same as their sex assigned at birth.
- Gender not listed: Gender is an evolving social construct. A gender identity not included in the current list can choose this option.
- Gender Queer: A noncisgender identity that is similar to and sometimes used to describe nonbinary identities. Gender queer may be used as an umbrella term for any gender that is not cisgender. Gender queer can also be considered a more politicalized identity.
- Nonbinary/Gender Diverse/Gender Fluid/Gender Queer: A person whose gender identity does not fit the man/woman gender binary.
- Prefer not to answer: Providing your gender/gender identity is optional. If you prefer not to disclose your gender, choose this option.
- Transgender Man: A person who was assigned female at birth who identifies as a man.
- Transgender Woman: A person who was assigned male at birth who identifies as a woman.

### PRONOUNS <https://www.mypronouns.org/>:

- Ask me my pronouns: Please respond with ask me my pronouns if you would like to be asked which pronouns you would like used for you.
- He/Him/His: <https://www.mypronouns.org/he-him> pronouns most commonly associated with boys and men/masculinity.
- He/They: Pronouns associated with trans men and nonbinary or gender queer individuals who identify as trans or nonbinary or gender queer and also as masculine.
- No pronouns, use my name.



- Prefer not to answer: Responding to this question is optional. If the pronouns you want used for you are not listed, or you do not want pronouns used for you, you can choose this option.
- She/Her/Hers: <https://www.mypronouns.org/she-her> pronouns most commonly associated with girls, women/femininity.
- She/They: Pronouns associated with trans women and nonbinary or gender queer individuals who identify as trans or nonbinary or gender queer and also as feminine.
- They/Them/Theirs: <https://www.mypronouns.org/they-them> Pronouns that are considered gender neutral and are also used as a plural pronoun. A person who goes by “they” may identify as a man, a woman, both, neither, or another gender identity.
- Ze/Hir/Hirs: <https://www.mypronouns.org/ze-hir> A gender neutral pronoun. Please note that “ze” is usually pronounced with a long “e” and that “hir” and its forms are usually pronounced like the English word “here.” Instead of ze/hir pronouns, some people go by “ze/zir” pronouns because of the more consistent pronunciation and spelling.
- Ze/Zir/Zirs: <https://www.mypronouns.org/ze-hir> A gender neutral pronoun. Please note that “ze” is usually pronounced with a long “e” and that “zir” and its forms are usually pronounced like the English word “here” but with a z instead of an h.

Used a Planned Parenthood definition for sex: <https://www.plannedparenthood.org/learn/gender-identity/sex-gender-identity>

Used this to describe the difference between nonbinary and gender queer: <https://blog.apicha.org/whats-the-difference-between-nonbinary-genderqueer>

How to be a trans ally has a pronouns section that may be helpful: <https://lgbtqa.unl.edu/downloadable-resources>