
Beginning Jan. 1, 2024, you can sign up using one of the methods below:
- Download the Amwell app
- Visit Amwell.com

SIGNING UP IS EASY

Enter service key BCBSNE and your Blue Cross and Blue Shield of Nebraska member ID to ensure you are charged the correct discounted amount.

Before you begin your video chat, you will be asked a few health questions and given a list of doctors to choose from or you may select the next available. After your chat, you may view the doctor’s notes and diagnosis. If needed, the doctor can prescribe medication from the pharmacy you choose.

To learn more, visit NebraskaBlue.com/Telehealth

Medical Care
Getting an appointment with your doctor when you’re sick can be challenging. With telehealth services from Amwell®, you can video chat with a U.S. board-certified doctor from the convenience of your mobile device or computer. The average wait time is less than 10 minutes, and it often costs less than a visit to the emergency room or urgent care.

Telehealth services are available 24/7 in all 50 states. It’s perfect when your doctor’s office is closed, you’re too sick or busy to go in person, or when traveling. You can use telehealth services for:

- Dermatology (skin hair and nails)
- Sinus infection
- Cold
- Flu
- Fever
- Rash
- Pinkeye
- Ear infection
- Migraine
- Sore throat

Behavioral Health
With telehealth behavioral health services, licensed therapists are available seven days a week, 7 a.m. – 11 p.m. local time. They can provide treatment for the following conditions:

- Anxiety
- Depression
- Bereavement
- Stress
- Attention deficit hyperactivity disorder (ADHD)
- Obsessive-compulsive disorder (OCD)
- Trauma/Post-traumatic stress disorder (PTSD)
- And more
- Dermatology (skin hair and nails)
- Sinus infection
- Cold
- Migraine
- Sore throat

I love this service! All of our questions were answered and the prescriptions were called in, in less than 30 minutes. Saves me time and gas!

– Blue Cross and Blue Shield of Nebraska member

Amwell® is an independent company that provides telehealth services for Blue Cross and Blue Shield of Nebraska, an independent licensee of the Blue Cross and Blue Shield Association. 60-095-64 (08-09-23)
**Affordable doctor visits. Anywhere. Anytime.**

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- Download the Amwell app
- Visit Amwell.com
- Call 844-733-3627

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To learn more, visit [NebraskaBlue.com/TelEhealth](http://NebraskaBlue.com/TelEhealth)

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